



## Earn cash rewards for preventive activities, healthy behaviors, and more!

All US employees and their spouses enrolled in a Moog Medical Plan can take part in our employee wellness program, powered by Asset Health! The platform is interactive, easy to use, and provides various ways to engage and earn points.

The program provides on and off-platform engagement activities centered around an annual theme to improve your health and wellbeing. Each month has a different focus that allows for autonomy and various interests. Certain programs may vary across locations.

InHealth is supported by a network of Champions who act as your onsite, go-to experts and are passionate about building a culture of health.

Whether it's on Asset Health, in-office activities, or on social media, the more you participate, the more points you earn - and the greater your rewards!

### HERE'S HOW TO GET STARTED:

- 1 Activate your Asset Health account at [mooginhealth.com](http://mooginhealth.com).
  - A. Enter your username and password.  
For your first login, this will be your full legal first name + legal last name + DOB (mmddyyyy)  
For example: JohnSMith06021977.  
Spouses do the same.
  - B. Provide an email and an optional phone number.
  - C. Follow the prompts, then review the terms of service and hit accept.
- 2 Download the Asset Health Mobile app from the Apple Store or Google Play. The first time you log in, you'll earn bonus points.
- 3 Sync your device! It syncs with many devices and apps.
- 4 Complete the Health Assessment and get a personalized Health Risk Report, track your progress, take part in challenges all year, and more!
- 5 Earn up to \$300 in rewards for the healthy things you do, with an additional \$250 in rewards possible!

## HERE'S HOW IT WORKS:

- 1 Our annual program runs January 1 – November 30 with the goal of reaching 1951 points and earning \$300
- 2 Join anytime, earn rewards based on the points achieved by November 30, 2026\*
- 3 Participants can win an extra \$100 for reaching the level each quarter, five winners are chosen at random.
- 4 Each quarter, employees only (spouses not included) can win an extra \$150 for a Wellness Nomination. Five nominees will be chosen to win. See rules for details. This is open to all US employees regardless of eligibility for the InHealth Program.

*\*Example: If you accumulate 1200 points by November 30 you have reached the Achiever Level and will receive 50% of the total reward = \$150. All rewards are paid annually via regular payroll check 15-30 days after the program close dates.*

	<b>Explorer</b> Level 1	<b>Achiever</b> Level 2	<b>Influencer</b> Level 3	<b>Ambassador</b> Level 4
<b>Total Points</b>	500	1000	1500	1951
<b>% of \$300 Incentive Pay Out</b>	25%	50%	75%	100%
<b>InHealth Achievement Drawing</b> (Must reach level to be entered – winners selected at random, can only win once per year)	5 winners receive \$100 for reaching Explorer by March 31	5 winners receive \$100 for reaching Achiever by June 30	5 winners receive \$100 for reaching Influencer by September 30	5 winners receive \$100 for reaching Ambassador by Nov 30
<b>Wellness Nomination Drawing**</b> (Employees only, spouses not included – see rules for details)	5 winners \$150 each	5 winners \$150 each	5 winners \$150 each	5 winners \$150 each

*\*\*Wellness Nomination Reward is open to all US employees regardless of participation or eligibility in the InHealth Program. Spouses not eligible, see the full rules in Workday for details.*

*To receive the InHealth reward payout, you must be covered under a Moog medical plan on the last day of the quarter the reward was earned in and be on the payroll on the date of the InHealth payout. Only exception is for those on medical leave, who will still receive their reward payout.*

## Healthy Behaviors = Points = Rewards!

### HERE ARE SOME POINT EARNING ACTIVITIES:

	100 points	Health Assessment
	100 points	Annual physical or preventive exams
	45 points	Join a company challenge

See more ways to earn points by enrolling in Asset Health.

### 2026 – THE YEAR OF LONGEVITY

- January:** Health Awareness
- February:** Heart Health
- March:** Eating Well
- April:** Sleeping Well
- May:** Mental Health
- June:** Brain Health
- July:** Stress Management
- August:** Social Connections
- September:** Physical Activity
- October:** Immune Health
- November:** Financial Health
- December:** Reflecting on Longevity



### NEED HELP? CONTACT ASSET HEALTH

**Call:** 1-855-444-1255, M-F, 8am - 8pm EST

**Email:** support@assethealth.com