**United States Securities and Exchange Commission**

**Washington, D.C. 20549**

**Statement of Changes in Beneficial Ownership**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

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### 1. Name and Address of Reporting Person

ROCHE PATRICK J

*(Last)*

*(First)*

*(Middle)*

SENECA ST & JAMISON RD

*(Street)*

EAST AURORA

NY

14052

*(City)*

*(State)*

*(Zip)*

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### 2. Issuer Name and Ticker or Trading Symbol

MOOG INC [ MOGA/MOGB ]

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### 3. Date of Earliest Transaction (Month/Day/Year)

11/12/2019

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### 4. Relationship of Reporting Person(s) to Issuer

*Director*

*Officer (give title below)*

*Vice President*

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### 5. Transaction Details

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

<table>
<thead>
<tr>
<th>Title of Security</th>
<th>Date of Transaction</th>
<th>Transaction Code</th>
<th>Amount</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class A Common</td>
<td>11/12/2019</td>
<td>A</td>
<td>2,268</td>
<td>4,198</td>
</tr>
<tr>
<td>Class B Common</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

<table>
<thead>
<tr>
<th>Title of Derivative Security</th>
<th>Conversion or Exercise Price of Derivative Security</th>
<th>Date Exercisable and Expiration Date (Month/Day/Year)</th>
<th>Amount or Number of Shares</th>
</tr>
</thead>
<tbody>
<tr>
<td>SAR</td>
<td>$36.86</td>
<td>11/30/2020</td>
<td>4,000 D</td>
</tr>
<tr>
<td>SAR</td>
<td>$41.82</td>
<td>11/30/2021</td>
<td>4,000 D</td>
</tr>
<tr>
<td>SAR (3)</td>
<td>$36.41</td>
<td>(4)</td>
<td>11/27/2022</td>
</tr>
<tr>
<td>SAR (3)</td>
<td>$61.69</td>
<td>(4)</td>
<td>11/11/2023</td>
</tr>
<tr>
<td>SAR (3)</td>
<td>$74.38</td>
<td>(4)</td>
<td>11/11/2024</td>
</tr>
<tr>
<td>SAR (5)</td>
<td>$63.04</td>
<td>(4)</td>
<td>11/11/2026</td>
</tr>
<tr>
<td>SAR (5)</td>
<td>$65.90</td>
<td>(4)</td>
<td>11/17/2028</td>
</tr>
<tr>
<td>SAR (5)</td>
<td>$71.648</td>
<td>(4)</td>
<td>11/15/2028</td>
</tr>
<tr>
<td>SAR (5)</td>
<td>$82.31</td>
<td>(4)</td>
<td>11/14/2027</td>
</tr>
<tr>
<td>SAR (5)</td>
<td>$80.19</td>
<td>(4)</td>
<td>11/13/2028</td>
</tr>
<tr>
<td>SAR (5)</td>
<td>$85.95</td>
<td>11/12/2019</td>
<td>A</td>
</tr>
</tbody>
</table>

Explanation of Responses:

1. Shares issued pursuant to vesting of performance-based restricted stock units that were granted to the reporting person on November 15, 2016, upon achievement of performance goals under the 2014 Moog Inc. Long Term Incentive Plan.

2. The performance-based restricted stock units were granted under an equity incentive compensation plan maintained by Moog Inc. and therefore the reporting person paid no price for the performance-based restricted stock units.

3. Stock Appreciation Rights (SAR) granted under the 2008 Stock Option Plan.

4. SARs become exercisable ratably over three years beginning on the first anniversary from the date of grant.

5. Stock Appreciation Rights (SAR) granted under the Moog Inc. 2014 Long Term Incentive Plan.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).


Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.