1. Name and Address of Reporting Person*  
TRABERT MARK JOSEPH  
(Last) (First) (Middle)  
SENECA ST AND JAMISON RD  
(EAST AURORA NY 14052)  
2. Issuer Name and Ticker or Trading Symbol  
MOOG INC [ MOGA/MOGB ]  
3. Date of Earliest Transaction (Month/Day/Year)  
11/12/2019  
4. If Amendment, Date of Original Filed (Month/Day/Year)  
5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  
X Director  
Vice President  
6. Individual or Joint/Group Filing (Check Applicable Line)  
X Form filed by One Reporting Person  
Form filed by More than One Reporting Person  
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned  
<table>
<thead>
<tr>
<th>1. Title of Security (Instr. 3)</th>
<th>2. Transaction Date (Month/Day/Year)</th>
<th>3. Transaction Code (Instr. 8)</th>
<th>4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)</th>
<th>5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)</th>
<th>6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)</th>
<th>7. Nature of Indirect Beneficial Ownership (Instr. 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class B Common</td>
<td>11/12/2019</td>
<td>A (1)</td>
<td>2,268 (A)</td>
<td>5,062 (3)</td>
<td>D</td>
<td>V</td>
</tr>
<tr>
<td>Class B Common</td>
<td>11/12/2019</td>
<td>F (4)</td>
<td>771 (D)</td>
<td>$85.95</td>
<td>4,291</td>
<td>D</td>
</tr>
<tr>
<td>Class B Common (5)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>550</td>
<td>I</td>
</tr>
</tbody>
</table>

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)  
<table>
<thead>
<tr>
<th>1. Title of Derivative Security (Instr. 3)</th>
<th>2. Conversion or Exercise Price of Derivative Security</th>
<th>3. Transaction Date (Month/Day/Year)</th>
<th>4. Transaction Code (Instr. 8)</th>
<th>5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)</th>
<th>6. Date Exercisable and Expiration Date (Month/Day/Year)</th>
<th>7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)</th>
<th>8. Price of Derivative Security (Instr. 5)</th>
<th>9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)</th>
<th>10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)</th>
<th>11. Nature of Indirect Beneficial Ownership (Instr. 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>SAR (6)</td>
<td>$71.648</td>
<td>(7)</td>
<td>Class B Common</td>
<td>10,000</td>
<td>Class B Common</td>
<td>10,000</td>
<td>D</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

(Notes:  
(1) Amount of Securities beneficially owned following reported transaction(s).  
(2) Price of derivative security.  
(3) Code V indicates owning 100% of class.  
(4) Date Exercisable and Expiration Date.  
(5) Ownership by Trustee.  
(6) SAR = Stock Appreciation Rights  
(7) Date Exercisable and Expiration Date.
| SAR (6) | $82.31 | (7) | 11/14/2027 | Class B Common | 6,181 | 6,181 | D
| SAR (6) | $80.19 | (7) | 11/13/2028 | Class B Common | 6,988 | 6,988 | D
| SAR (6) | $85.95 | 11/12/2019 | A | 6,794 | (7) | 10/12/2029 | Class B Common | 6,794 | $0 | 6,794 | D

Explanation of Responses:

1. Shares issued pursuant to vesting of performance-based restricted stock units that were granted to the reporting person on November 15, 2016, upon achievement of performance goals under the 2014 Moog Inc. Long Term Incentive Plan.

2. The performance-based restricted stock units were granted under an equity incentive compensation plan maintained by Moog Inc. and therefore the reporting person paid no price for the performance-based restricted stock units.


4. Shares withheld for taxes upon the settlement in shares of performance-based restricted stock units previously granted to the reporting person.

5. Reflects shares held in Moog Inc. Retirement Savings Plan as of the most recent statement to participants.


7. SARs become exercisable ratably over three years beginning on the first anniversary from the date of grant.

Timothy P. Balkin, as Power of Attorney for Mark Joseph Trabert 11/14/2019

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).


Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.