UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Check this box if no longer subject to Section 16. Form 4 obligations may continue. See Instruction 1(b).

1. Name and Address of Reporting Person
TRABERT MARK JOSEPH
SENCEA ST AND JAMISON RD
EAST AURORA NY 14052

2. Issuer Name and Ticker or Trading Symbol
MOOG INC [ MOGA/MOGB ]

3. Date of Earliest Transaction (Month/Day/Year)
12/04/2019

4. If Amendment, Date of Original Filed (Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer (Check all applicable)

- Director
- Officer (give title below)
- Vice President
- 10% Owner
- Other (specify below)

6. Individual or Joint/Group Filing (Check Applicable Line)
- Form filed by One Reporting Person
- Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

<table>
<thead>
<tr>
<th>1. Title of Security (Instr. 3)</th>
<th>2. Transaction Date (Month/Day/Year)</th>
<th>3. Transaction Code (Instr. 8)</th>
<th>4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)</th>
<th>5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Class B Common</td>
<td>12/04/2019</td>
<td>V</td>
<td>A (1)</td>
<td>809</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>(A) or (D)</td>
<td>$0 (2)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Price</td>
<td>5,100</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Ownership Form: Direct (D) or Indirect (I) (Instr. 4)</td>
<td>D</td>
</tr>
</tbody>
</table>

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

<table>
<thead>
<tr>
<th>1. Title of Derivative Security (Instr. 3)</th>
<th>2. Conversion or Exercise Price of Derivative Security (Instr. 4)</th>
<th>3. Transaction Date (Month/Day/Year)</th>
<th>4. Transaction Code (Instr. 8)</th>
<th>5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)</th>
<th>6. Date Exercisable and Expiration Date (Month/Day/Year)</th>
<th>7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)</th>
<th>8. Price of Derivative Security (Instr. 5)</th>
<th>9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)</th>
<th>10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)</th>
<th>11. Nature of Indirect Beneficial Ownership (Instr. 4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>SAR (3)</td>
<td>$71.648</td>
<td>(4)</td>
<td>(A)</td>
<td>(D)</td>
<td>11/15/2020</td>
<td>Class B Common 10,000</td>
<td>10,000</td>
<td>D</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SAR (3)</td>
<td>$82.31</td>
<td>(4)</td>
<td>(A)</td>
<td>(D)</td>
<td>11/14/2027</td>
<td>Class B Common 6,181</td>
<td>6,181</td>
<td>D</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SAR (3)</td>
<td>$80.19</td>
<td>(4)</td>
<td>(A)</td>
<td>(D)</td>
<td>11/13/2028</td>
<td>Class B Common 6,988</td>
<td>6,988</td>
<td>D</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Explanation of Responses:

1. Awarded under the 2014 Moog Inc. Long Term Incentive Plan.

2. Stock bonus.


4. SARs become exercisable ratably over three years beginning on the first anniversary from the date of grant.

Timothy P. Balkin, as Power of Attorney for Mark Joseph Trabert

12/06/2019

** Signature of Reporting Person  Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).


Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.